Order online by 9am for delivery Thursday

ezlunch MENU

Houghton Valley School / Term 1 2024



4 Riddiford St Newtown Wellington 6025 04-389 6757

SUSHI

000111	
Chicken teriyaki - 4 pieces	\$4.80
Chicken teriyaki - 6 pieces	\$7.20
Chicken teriyaki - 8 pieces	\$9.60
Avocado - 4 pieces	\$4.70
Avocado - 6 pieces	\$6.90
Avocado - 8 pieces	\$9.00
Salmon & Avocado - 4 pieces	\$5.50
Salmon & Avocado - 6 pieces	\$7.60
Salmon & Avocado - 8 pieces	\$9.70
Tuna Mayo - 4 pieces	\$4.70
Tuna Mayo - 6 pieces	\$6.90
Tuna Mayo - 8 pieces	\$9.00
Vegetarian - 4 pieces	\$4.70
Vegetarian - 6 pieces	\$6.90
Vegetarian - 8 pieces	\$9.00
Mixed - 4 pieces	\$5.50
Mixed - 6 pieces	\$7.60
Mixed - 8 pieces	\$9.70

Order online... www.ezlunch.co.nz

Easily order θ pay for your ezlunch using your 'myKindo' family account. MyKindo is a payment portal for a variety of services at schools and organisations. Your myKindo account can be topped up by debit or credit card (fees apply), or by bank transfer, in advance or at the time of purchase. To get started, 'create account' or log in to your existing myKindo account and add a member or student. Go to www.ezlunch.co.nz.

Need help? Visit support.mykindo.co.nz or call toll free 0800 EZLUNCH (09-869 5200) 8am-4pm Mon-Fri (except public holidays) Order online by 8:30am for delivery Friday



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Shop 2 23 Waring Taylor St Te Aro Wellington 04-472 7482

PLAIN PETITA PITA	
Free Range Chicken Petita	\$6.90
Free Farmed Ham Petita	\$6.90
Roast Beef Petita	\$6.90
Grilled Steak Petita	\$7.50
Falafel Petita	\$6.90
Garden Veggie Petita	\$6.50
Marmite Petita	\$6.50
Vegemite Petita	\$6.50
WHOLEMEAL PETITA PITA	
Wholemeal Free Range Chicken Petita	\$6.90
Wholemeal Free Farmed Ham Petita	\$6.90
Wholemeal Roast Beef Petita	\$6.90
Wholemeal Grilled Steak Petita	\$7.50
Wholemeal Falafel Petita	\$6.90
Wholemeal Garden Veggie Petita	\$6.50
Wholemeal Marmite Petita	\$6.50
Wholemeal Vegemite Petita	\$6.50
GLUTEN FREE PETITA WRAP	
GLUTEN FREE Free Range Chicken Petita WRAP	\$8.90
GLUTEN FREE Free Farmed Ham Petita WRAP	\$8.90
GLUTEN FREE Roast Beef Petita WRAP	\$8.90
GLUTEN FREE Grilled Steak Petita WRAP	\$9.00
GLUTEN FREE Garden Veggie Petita WRAP	\$8.50
PETITA SALAD BO×	
Free Farmed Chicken Petita Salad Box	\$7.50
Free Farmed Ham Petita Salad Box	\$7.50
Roast Beef Petita Salad Box	\$7.50
Grilled Steak Petita Salad Box	\$8.00
Falafel Petita Salad Box	\$7.50
Garden Veggie Petita Salad Box	\$7.50
PLAIN REGULAR PITA	
Free Range Chicken Regular Pita	\$9.50
Free Farmed Ham Regular Pita	\$9.50
Roast Beef Regular Pita	\$9.50
Grilled Steak Regular Pita	\$10.00
Falafel Regular Pita	\$9.50
Garden Veggie Regular Pita	\$9.00
Marmite Regular Pita	\$9.00
Vegemite Regular Pita	\$9.00

WHOLEMEAL REGULAR PITA

Wholemeal Free Range Chicken Regular Pita	\$9.50
Wholemeal Free farmed Ham Regular Pita	\$9.50
Wholemeal Roast Beef Regular Pita	\$9.50
Wholemeal Grilled Steak Regular Pita	\$10.00
Wholemeal Falafel Regular Pita	\$9.50
Wholemeal Garden Veggie Regular Pita	\$9.00
Wholemeal Marmite Regular Pita	\$9.00
Wholemeal Vegemite Regular Pita	\$9.00
GLUTEN FREE REGULAR WRAP	
GLUTEN FREE Free Range Chicken Regular Wrap	\$11.50
GLUTEN FREE Free Farmed Ham Regular Wrap	\$11.50
GLUTEN FREE Roast Beef Regular Wrap	\$11.50
GLUTEN FREE Grilled Steak Regular Wrap	\$12.00
GLUTEN FREE Garden Veggie Regular Wrap	\$11.00
REGULAR SALAD BOX	
Free Farmed Chicken Regular Salad Box	\$10.50
Free Farmed Ham Regular Salad Box	\$10.50
Roast Beef Regular Salad Box	\$10.50
Grilled Steak Regular Salad Box	\$11.00
Falafel Regular Salad Box	\$10.00
Garden Veggie Regular Salad Box	\$10.00

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